

Shelter in place kit inventory:

- ☐ 5-gallon bucket with trash bags and kitty litter - You can pack most of the items in the 5-gallon bucket and it will double as a toilet by lining it with a trash bag and pouring about an inch of kitty litter in the bottom.
- ☐ 1 gallon of water per person for 3 days - A case of bottled water is just over 3 gallons.
- ☐ 3 days of non-perishable food per person - 1 package of [S.O.S. emergency food rations](#) is enough food for 1 person for 3 days.
- ☐ Household chlorine bleach (unscented with no additives) - You can add 16 drops per gallon of water to disinfect it or mix 1 part bleach to 9 parts water to make a cleaner.
- ☐ Battery-powered or hand-crank NOAA weather radio
- ☐ Flashlight with extra batteries
- ☐ First aid kit
- ☐ N95 dust mask per person to help filter contaminated air
- ☐ Plastic sheeting and duct tape to seal - Enough to seal all doors, windows, and vents in the shelter in place room.
- ☐ Baby wipes and garbage bags - For cleaning yourself and disposing of waste.
- ☐ Whistle to signal for help
- ☐ Wrench or pliers to shut off utilities
- ☐ Fire extinguisher

Additional items to add if your situation requires them:

- ☐ Diapers and formula if you need to shelter with an infant
- ☐ Food and water for pets
- ☐ Can opener if you pack canned food
- ☐ Books, games, puzzles or other activities for children
- ☐ Sleeping bags or extra bedding for comfort or in cold environments
- ☐ Mess kits, paper cups, plates and plastic utensils, paper towels
- ☐ Paper and pencil
- ☐ Prescription medications and glasses

Find more prepping and emergency preparedness information at [readylifestyle.com](https://www.readylifestyle.com)