



# READY LIFESTYLE

## Get Home Bag Checklist

### Minimum Required Items:

- Backpack/Sling Bag – Appropriate for your area
- Water – 2 1-Liter water bottles, light weight water filter
- Food – 3 Energy Bars – Add more as needed
- Footwear – Broken in and comfortable
- Shelter – Space Blanket or Poncho – Add more if needed
- First Aid Kit – Must be able to treat trauma and minor injuries

### Optional Items:

- Hygiene – Baby wipes, toothbrush, toothpaste, feminine hygiene products
- Light – Headlamp or flashlight
- Weapons – Rifle, pistol or what is available in your area
- Knife / Multi-tool – Knife, multitool
- Communication – Cell phone (consider adding signal mirror)
- Cordage – 25 – 30 ft of 550 cord
- Fire Starting – Bic lighter or other materials as needed
- Binoculars - Inexpensive
- Protective Gear – Glasses, dust mask, gloves
- Money – Small denominations
- Identification – Proper photo ID
- Navigation – Maps, GPS, compass

### Multi-Day Planning

- Extra Clothing – Socks, underwear
- Extra Food
- Extra Water

Need more information? Learn what and why these items are on our [bug out bag list](#) here.